

Concord Council on Aging Board Meeting Minutes
May 20, 2019

Attendees: Michael Rudd, Milton Cohen, Kristin Nelson, Christina Kendrick, Patty Keane, Carole Cushing, Ann Schummers, Ginger Quarles, Carol Ann Hannan, and Margaret Hoag (MSS liaison member), and Terry Acherman (liaison from the Select Board)

Absent: Sharyn Lenhart, and Arthur Alcaez

The Meeting was called to order to order and a quorum declared.

The April 1st minutes were approved as written.

Patty questioned why she had no address on the contact list and so her address will be added.

Minuteman Senior Services Report:

Minuteman Senior Services Report. Margaret reported on the April and May meetings. At the April meeting we discussed the new SHINE director and a number of grants. We heard a presentation on how ASAPs such as MSS have an impact on Population Health. The US spends more on health but we have the worst outcomes. The reason is related to the social determinants of health.

At the May meeting we discussed MSS activities such as a Care Transitions Conference and an Alzheimer's Association program on "The Science of Hope: Progress Toward a World Without Alzheimer's. The Rapscaillon event in Acton sold 62 tickets, 55 people came and netted \$2,000. The Board had a presentation about the interest in some of the Medicare managed care programs to contract with the ASAPs to provide community coordination and services. They only want to contract with all the ASAPs under one contract. So they have formed a group but are still in the process of determining what kind of group it will be.

Concord Housing Authority:

Christina reported on the May meeting. All the items the CHA requested passed at Town Meeting. Lottery will be changing in order to keep people from dropping off one list to get on a list for new construction. Christina reported that the wait list for elder housing is 20 years for non-Concord residents. Patty reported on the April meeting. They were mostly concerned about the articles at Town Meeting. HUD is trying to unload all their housing because they can't keep up the maintenance.

Disability Commission:

No report.

Concord After 60:

Ann Schummers reported that there are 70 members. The monthly meetings are very well attended. There will be a garden party and a pool party coming up. The smaller groups are also rolling along.

Chair's Report:

- Michael asked if the new meeting date works for everyone.
- Sharyn is going off the board in June. Kristin will be moving up as an associate to full member.
- We will have two associate member slots available.
- COA training is this Friday in Lincoln.
- Three members were reappointed for another term.
- We will be electing officers at the next meeting.

New Business:

Carole reported that the AARP workers filed 114 returns. Seven were from out of town and 7 were under 60. There were 6 amended returns. Fourteen people who were helped without filing a return.

Patty went to Chris Whelan's retirement party. It was very moving. He has been a friend to the COA.

Director's Report:

- The Town filmed several departments waving goodbye to Chris Whelan and thanking him for his support of Concord seniors.
- We are losing a driver but a new driver has already been hired.
- Project to replace every AC unit is just beginning. There will be some down time as they replace the units.

- We have two new SHINE counselors.
- A COA nurse went to the Emerson Health Fair. She talked to a couple Concord residents. Ginger will think about whether it is worthwhile to do it again and will see if any other COA's in the area might be willing to share the staffing responsibilities.
- Dr. Bedell is a local cardiologist who does some volunteer work for the COA. She is giving a talk called How to Get the Most Out of Your Medical Appointment. Only two people signed up but Dr. Bedell wants to do it anyway. The talk is Thursday at 1pm. Board members were encouraged to spread the word.
- Ginger was notified that the Community Chest will give the COA the full grant which Ginger requested. The money will be used to support 3 staff positions and to increase the Volunteer Coordinator hours.
- Ginger believes that the Formula Grant money per senior is secure. Other money which funds other activities may be in jeopardy.

The meeting was adjourned at 6:42pm.