

FOR MINUTEMAN NASHOBA HEALTH GROUP HEALTH PLAN MEMBERS

HIGH DEDUCTIBLE HEALTH PLANS AND THE DIABETES CARE REWARDS PROGRAM®

We've got you covered.

If you're considering a high deductible health plan and are currently enrolled in the Diabetes Care Rewards Program, make sure to check your health plan's Preventive Drug List.

WHAT IS A PREVENTIVE DRUG LIST

A Preventive Drug List is a list of medications and supplies that help prevent chronic conditions and illnesses like diabetes. You can get the drugs on the list for a copay BEFORE having to meet your health plan deductible. **Having a Preventive Drug List means your cost is lower for the drugs on the list since you'll pay a copay instead of the full price.**

Harvard Pilgrim Health Care and Tufts Health Plan offer a Preventive Drug List that includes most commonly used diabetes medications and supplies. To see if your medication is listed, go online to minuteman-nashoba.org, click on Employees & Retirees, then select HSA Qualified Health Plans. If your medication or supply is not listed, **contact your health plan** to see if it is available on their Preventive Drug List. Medications not on your health plan's list will be subject to the deductible.

HOW DOES ELECTING A HIGH DEDUCTIBLE HEALTH PLAN AFFECT GETTING \$0 COPAYS IN THE DIABETES CARE REWARDS PROGRAM

As long as you are meeting all of the program requirements, and your medications and/or supplies are on your health plan's Preventive Drug List, you can continue to obtain covered diabetes medications and supplies for \$0 copays through the program. If you have any questions, please call the **Good Health Gateway®** HelpLine at 800.643.8028.

It's important to consider ALL your health care needs and expenses when considering making a change to your benefits. High deductible health plans coupled with an HSA can be a great way for you to manage your health care expenses.

800.643.8028 **GOODHEALTHGATEWAY.COM**

