

Concord Council on Aging  
**HIGH SPIRITS**  
Mid-Month Notes from Your COA

December 2020

Volume 1 No. 5

**Sweet as Pie**

Your COA rolled into winter in the sweetest way! Dozens of Table Talk Snack Pies were given to our seniors at the latest drive-through event. Even man's best friend, Bailey, cruised by to see the gastronomy. Sign up for the next giveaway event: they're fun! Then, HWCC got spruced up! Thanks to Mike, one of the hard working, do-it-all Town Facilities employees!



**HARVEY'S TREASURE CHEST  
HAS GONE  
LIVE—ONLINE!**



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online from your computer, phone, or tablet and find all the gorgeous treasures you are used to seeing in our brick-and-mortar shop. You won't beat the prices! Have a look and call to order the items you fall in love with. Then arrange a time to drop a check or cash and pick up your treasure. Don't wait! Shop early and check back often as our gift shop volunteers will keep new items coming!

(See flyer at end of newsletter)

**WEATHER CORNER**

**The 2020 Farmer's Almanac is predicting snowstorms mid-month, with average amounts of precipitation and average temperatures.**



## Your Top 5...

### THINGS TO

### GET YOU READY FOR WINTER!

It's November—time to get ready for our robust New England wintertime!

**5. Prepare your home. Batten down the hatches!** Clean gutters, order firewood/fuel, cover or remove air conditioners, disconnect hoses, arrange for a chimney sweep (every 70 fires). Have your furnace and boiler serviced as early as possible. Winterize your home by caulking windows, sealing doors with weather stripping, and installing a door sweep. Check your carbon dioxide detectors as you turn on the heat and close your home up. Beef up window coverings as curtains, drapes, even blinds can help to hold heat in.

**4. Stock up!** Check your snow-clearing supplies - snow blower or shovels, or if you can, arrange for a service to clear your home after storms. Lay in supplies of salt or ice melt. Pick up a supply of furnace filters that should be replaced every month or so. Top off your Emergency Kit, making sure you have three days' supply of non-perishable foods, water, medication, flashlight batteries, and anything else you'll need if the power goes out or if you're snowed in.

**3. Prepare for winter roads.** If you have a car, get that stocked up as well: jumper cables, sand or kitty litter, a flashlight, warm clothes, and bottled water can be lifesaving if you have trouble while driving in winter weather. Keep your gas tank topped off, too!

**2. Get sorted!** Take stock of your personal winter things: coat, hat, gloves/mittens, boots, and scarves. Pull them out, launder, then mend or replace them if needed. Make sure you have what you need and restock warm winter outerwear items well before you actually need them.

**1. Look for the best of winter!** Find a walking stick, ice-busting boot grips, or snow shoes that can keep you safely active when snow is on the ground. Have some good chocolate on hand for hot chocolate treats on snowy days. Make sure your library card is active and take advantage of all it has to offer. Volunteer for weather reporting. Start a winter bird-watching log. Fill your home with warm, cozy lighting. Have wood for your fireplace, a stack of winter-themed puzzles, or a well-sorted movie bucket list to work on all winter.

**Crank up the cozy and find ways to enjoy the cold, crisp, bright days that are hallmarks of a New England winter.**

## Tech Corner



Sarah Gardner and her talented dad played several gigs at the COA last year and they now offer a Live Jazz Lunch series on Facebook. 15 minute (5 songs) shows on Fri, Sat & Sunday at 11:45am. It gets recorded so people can watch it afterwards if they miss out: <https://www.facebook.com/livejazzlunch/>

## Comedy Corner



On average, a Panda feeds for approximately 12 hours per day. This is the same as an adult at home under quarantine which is why we call it a "Pandemic"



*If you wish to unsubscribe, please email Laurie at [laurie@concordma.gov](mailto:laurie@concordma.gov) or call 978 318 3020.*

*Concord Council on Aging*

# *Harvey's Treasure Chest Gift Shop*

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