

Concord Council on Aging
HIGH SPIRITS
Mid-Month Notes from Your COA

July 2021

Volume 2 No. 7

We're in the "dog days" of summer but few know what the expression means. Some say that it signifies hot sultry days "not fit for a dog," others suggest it's the weather in which dogs go mad. *The Dog Days of Summer* describes the most oppressive period of summer, **between July 3rd and August 11th**. Speaking of dogs, here are some of your pooches who have come to our Drive-Throughs, plus pictures of the Concord Fire Department who easily handled the heat during our annual BBQ!



TV Corner



NBC broadcasts The Games of the XXXII Olympiad that take place Friday, July 23 – Sunday, August 8, 2021, in Tokyo. The opening ceremony will be held Friday, July 23 in Tokyo at 6:00am EDT/US. The Olympics closing ceremony takes place on Sunday, August 8 at 7:00 am EDT/US. And there will be no spectators.

Spotlight on Ol' Blue Eyes



DJ OldSkool invites you to croon away with Frank! On Zoom only, please call for your Zoom invitation at 978-318-3020.

**FRIDAY— JULY 23
10:30—11:30 AM**

TOP 10 FACTS TO KNOW ABOUT THE TOKYO OLYMPICS

10. This is the 2nd time Tokyo has hosted the Olympics. But Japan has hosted three Olympic Games: 1968, 1974 & 1998.

9. Tokyo is the safest city in the world. Tokyo is ranked as one of the safest cities in the world, if not the most safe.

8. The medals are going to be made of phones. There is probably literal gold in any smartphone to act as an electrical conductor. Tokyo Olympics organizers started an initiative for the Japanese population to e-cycle its old phones/computers to be mined.

7. Track enters the post-USain Bolt era. With Bolt retired the chase is on to replace the greatest sprinter of all time in the 100-meter.

6. Swimming enters the post-Michael Phelps era. The most decorated athlete in Olympic history has hung up his goggles.

5. Simone Biles makes her return. Biles at 24 yrs. of age has plenty of gold medals to defend from her 2016 Olympic debut.

4. Katie Ledecky hits Tokyo. Team USA's Ledecky, 23 yrs., is the most dominant swimmer of her generation and might be the most dominant athlete of her generation.

3. Skateboarding makes its Olympic debut. The other new sports are pretty cool too: surfing, sport climbing and karate.

2. USA women's soccer team looks for Gold while the men look for something. USA Women own four of the six gold medals handed out in Olympic women's soccer. And the men's team will be trying to medal for the first time since 1904.

1. Russia makes its return to the Olympics. Their athletes will represent the "Russian Olympic Committee" (ROC). On 12/9/2019 the World Anti-Doping Agency banned Russia from all inter-national sport for four years because data had been manipulated by Russia to protect its state-sponsored doping scheme.

Consumer Corner

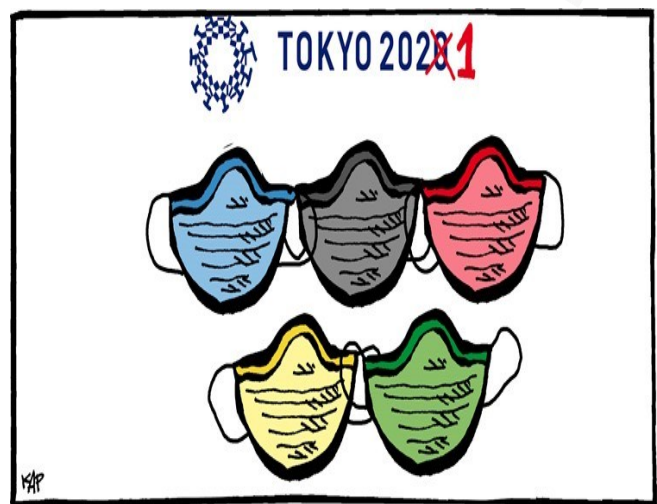


Welcome to the post-pandemic grocery aisle, where consumers are often paying the same price for less — a trick known as "shrinkflation."

The coronavirus crisis placed cost pressures on many industries and their products due to a range of factors like: difficulty hiring workers, trucking shortages and price increases. Higher prices from berries to corn place food producers and grocery stores in a bind. Manufacturers or retailers have a several choices: keep prices the same, which means lower margins; run fewer promotions; keep prices the same but have a little less in the box.

Amid the economy's ebullient reopening, demand is rebounding more rapidly than supply, creating bottlenecks and price increases. But, inflation is likely to cool later in the year as supply and demand regain much of their post-pandemic equilibrium. Until then...consumers will feel the pain!

Comedy Corner 😂



If you wish to unsubscribe, please email Laurie at laustin@concordma.gov or call 978 318 3020.

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