

Concord Council on Aging
HIGH SPIRITS
Mid-Month Notes from Your COA

September 2021

Volume 2 No. 9

In Concord, September is a time to enjoy nice temperatures and fairs & festivals & sports events. The month began with a national holiday when cookouts and a beach days celebrate the unofficial end of summer (which officially is Sept. 22, the Autumnal Equinox). Masks are in effect here at the COA and we carried on with drive-thru lunches, absorbing programs and a compelling exhibit in our **ArtSpace** hallway entitled “Art in the Time of the Pandemic.” Come browse and see what your contemporaries created!



**Matt York / Songs & Stories of the
“Highwaymen” Rescheduled for Oct. 26**

The presentation was delayed due to our mask mandate. Matt sings and knows you hear him best without a mask. So we rescheduled for

Tues., Oct. 26, 1:00

PM. Come learn more

about Johnny Cash, Wil-

lie Nelson, Waylon Jen-

nings & Kris Kristoffer-

son aka The Highway-

men. Matt will tell stories

about their careers and sing some of their most popular songs!



**Social Security COLA Could
Be 6.2% in 2022**

Social Security’s (SS) annual *cost-of-living* adjustment could be the highest in years. SS’s annual COLA is calculated each year based on the Consumer Price Index for Urban Wage Earners & Clerical Workers. The official calculation will be released in October and is based on the average of July, August & September data. Of course this projection is subject to change, but fingers crossed!



Top 8 Good Things Happening Now

8. We Have Enough Oil

Sales of hybrid & electric cars rose in the last 10 yrs. Plus, all cars these days are made fuel efficient.

7. Pollution is Dropping

Staying inside has brought levels of air pollutants & warming gases down.

6. Koalas Are Being Released

Following the 2019 wildfires that devastated 2.5 million acres of Australia, it's now safe to return koalas back to their natural habitat.

5. Poverty Rates are Low

The U.S. poverty rate is at its lowest since the global financial crisis of 2007-2008. And the child poverty rate is now at an all time low.

4. #MeToo is Thriving

Now more than ever, people are being held accountable for their actions and victims are more comfortable speaking out. This is a step in the right direction.

3. Polio is Almost Gone

Thanks to the Bill and Melinda Gates Foundation, polio is near eradicated.

2. The Internet is Fast & Wide

Because of the internet, more & more children have access to information to expand their education. Plus Google fiber is expanding to many more cities making *lightning fast* internet soon possible.

1. If You Can Read This

You're part of the 85% literate in the world. Back in the 1850s only 10% of people could read.

Happy Birthday Confucius

Confucius' birthday, falls on the 25th day of the eighth lunar month of the Chinese calendar. Officially celebrated in Taiwan on Sept. 28, 2021 & in Hong Kong on Sept. 19, 2021.

"It does not matter how slowly you go as long as you do not stop."

(Really High) Tech Corner

4 Tourists are Circling Earth as You Read This!

CAPE CANAVERAL, Florida -- For the first time in 60 years of human space-flight, a rocket, on Sept. 15th blasted into orbit with no professional astronauts on board, only four tourists.

SpaceX's first private flight is led by a 38-year-old entrepreneur who's bank-rolling the entire trip. He took two sweepstakes winners with him on the three-day, round-the-world trip.

Comedy Corner

The official sports drink
when I was a kid..



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